

# GRIEF SOLUTIONS

PRACTICAL SKILLS TRAINING FOR CASUALTY RESPONSE

ALASKA NATIONAL GUARD,  
JOINT FORCES COMMANDERS' CONFERENCE  
SEPTEMBER 21, 2007

Grief Solutions provides a full array of training solutions on military loss, delivered in a format consistent with standard military training. Our training modules deliver professional knowledge, no-nonsense skills, and valuable lessons learned on how to respond to sudden loss and traumatic grief in the military. Customized, user-focused training is available for professionals, volunteers, and all caring individuals who work with those who are coping with the traumatic grief of military loss.

*"Coping with military loss is a challenging topic to discuss and one not generally covered in leadership courses. Thank you for providing our leaders with practical information on how to assist their unit and Families through the grieving process."*

~ Kelly A. Wolgast  
Colonel, Army Nurse Commander  
Fort Carson, CO

Grief Solutions offers services for civilian and military professionals, volunteers and care givers:

Customized Training Solutions  
Presentations and Briefings  
Keynote Speeches  
Crisis Response Plan Development  
Support Material Development  
Leadership Coaching

## Five Benefits of Grief Solutions Training

1. Become skilled at what to say and do around a surviving military family.
2. Understand how leaders, the unit, and all responders are affected by a military death.
3. Learn how to develop a crisis response plan for the unit.
4. Discover how to help the family in the days, weeks and months ahead.
5. Examine the lessons learned from others who have carried out casualty assistance.

## Most Requested Training Solutions

### ■ LEADERS

**Ten Lessons Learned for Leading the Casualty Process:** Benefit from the collective experience and wise advice of leaders who have taken casualties 'on their watch'.  
*Recommended for all leadership levels.*



NATIONAL GUARD BUREAU  
WASHINGTON, DC AREA, NOVEMBER 19, 2008

### ■ PROFESSIONALS

**Ten Practical Tips for Casualty Assistance Professionals:** A complement to casualty assistance training. Learn what works when dealing with surviving military families.  
*Recommended for casualty assistance officers, chaplains, medical personnel, and all professional assistance providers.*



FAMILY READINESS TRAINING  
MINNESOTA NATIONAL GUARD, NOVEMBER 7, 2007

### ■ VOLUNTEERS

**Twelve Practical Tips for Working with Families of Fallen Warriors:** Discover how to skillfully prepare and respond to surviving families in your unit or command.  
*Recommended for Spouses and Family Readiness Groups.*



COLORADO SURVIVORS GROUP  
FORT CARSON, CO, JANUARY 17, 2008

*“Inspiring, with poignant wisdom and hard earned insights... her calm presence and practical guidance is exactly what we needed.”*



~ CH (LTC) John Morris  
Deputy State Chaplain  
MNARNG

JOANNE M. STEEN, MS, NCC  
AUTHOR, SPEAKER, TRAINER

Joanne Steen, MS, NCC, is an award-winning co-author of *Military Widow: A Survival Guide* (Naval Institute Press, 2006), the first-of-its-kind book on military loss. A military widow and former Navy instructor, Ms. Steen is knowledgeable of the military, its culture, and the unique issues military service presents.

A nationally certified counselor with an emphasis on traumatic loss and grief, Ms. Steen has taught over 5000 military and civilian personnel who work with families of America’s fallen warriors.

She is currently working on another book for parents who have lost a son or daughter in the line of duty.

**For more information contact Joanne Steen**  
**JMSteen@griefsolutions.net**  
**(757)499-2356 or (757)580-3356**  
**www.griefsolutions.net**

**Previous Speaking Engagements have Included:**

- US Army 25th Infantry Division
- Fort Carson, CO
- Tripler Army Medical Center
- Headquarters Marine Corps Casualty Conference
- Naval Expeditionary Combat Command (NECC) Commanders’ Conference
- Naval Air Forces Commanders’ and Spouses’ Conference
- Naval Special Warfare Ombudsmen Conference
- Coast Guard Senior Leaders’ Conference
- National Guard Bureau - Joint Family Program - National Volunteer Workshop
- Minnesota National Guard Commanders’ Conference and KIA Seminar

*Complete list of prior speaking engagements available upon request.*

*“Your remarks, followed by the discussion with attendees highlighted many of the valuable resources for first responders and military spouses. Your personal experiences emphasized many of the lessons reflected in your book.”*

~ R.J. Papp, Jr.  
Vice Admiral, U.S. Coast Guard



TRIWEST HEALTHCARE ALLIANCE HEADQUARTERS TRAINING IN PHOENIX, AZ, ON AUGUST 28, 2008



“TRIWEST HEALTHCARE ALLIANCE PROUDLY SPONSORS GRIEF SOLUTIONS TRAINING ON RESPONDING TO MILITARY LOSS.”

GENERAL JAMES CARTWRIGHT, USMC,  
VICE CHAIRMAN, JOINT CHIEFS OF STAFF,  
AT MILITARY SPOUSE APPRECIATION  
DAY AT ROSE GARDEN RECEPTION,  
WHITE HOUSE, ON MAY 6, 2008

**MILITARY WIDOW:  
A Survival Guide**

Joanne M. Steen, MS, NCC  
M. Regina Asaro, MS, RN, CT



NATIONAL GUARD BUREAU,  
WASHINGTON, DC AREA  
NOVEMBER 19, 2008



2007 AUTHORS OF THE YEAR - US NAVAL INSTITUTE